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Cornerstone 10AM

Dr. Gruenwald

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### **Campus Engagement: Workshop Ballroom Dancing**

On Thursday, December 5, I attended a workshop for Ballroom Dancing. This workshop was located open ballroom of the tower's center. I was surprised by the amount of students that attended this dance clinic. The class gave a lot of insight on how to ballroom dance. This class was directed towards students without any background or experience of ballroom dancing. It was a beginning level dance course that allowed everyone to fully participate. The dance instructors were very helpful and knowledgeable about ballroom dancing. They were open to any questions and they always had an answer for every question. I have been dancing since I was three years old. Ballroom Dancing is one category of dance that I never really got to experience within my dancing career. Attending this class was very different than the normal "ballet" class. You were told to get a partner and then they would go into detail about the steps involved in this genre of dance. Following along with the instructor, I was quickly picking up on the ways of ballroom dancing.

The instructors did a wonderful job of teaching the class. They explained every detail in a way that made sense to everyone in the class. By the end, the students were catching onto the the ways of ballroom dancing. Everyone seemed to have a better understanding of the process. I felt that this workshop was very beneficial for those beginning level ballroom dancers. After a couple of classes, I am sure one would feel

way more comfortable with ballroom dancing. I don't have much critics for this workshop. The class was very entertaining and it was cool to see the instructors dance. I would definitely attend another ballroom class. It was very enjoyable and very relaxed dance class.